



## US Soccer D Performance Center

Upon creating a D License course in the DCC, the date/times for a Performance Center must be published. Candidates must be made aware of the process and the costs associated with the Performance Center. There is no minimum development period between the original course and the candidate's attempt at a Performance Center. The candidate may register for the soonest Performance Center opportunity that is available. The attempt at a Performance Center must occur within 12 months and can occur out of state from the original course.

The Performance Center will consist of one assignment only- the Final Training Session- conducted in the same manner as the original course, except with an additional opportunity for a Practice Activity. The age group for the coaching session will be 11v11.

What is the process?

Once a provisional status candidate registers for a Performance Center:

1. The instructor will contact the candidate to discuss the previously identified learning needs and the action steps that have been taken.
2. The candidate must identify a training session goal from the Grassroots Roadmap and submit a Play-Practice-Play training session plan and submit it via the DCC (at least one week prior to the Performance Center).
3. The assessing instructor will provide feedback on the training session plan for the candidate to consider before the re-test
4. The candidate will execute the practice phase of the training session in person for an instructor to assess (15 minutes)
5. The candidate and instructor will meet for 10 minutes of guided feedback and reflection
6. If necessary, the candidate will be granted a 2<sup>nd</sup> attempt of the same practice phase and execute the session again (15 minutes)
7. The candidate and instructor will meet for an additional 10 minutes of guided feedback and reflection.

When can a candidate attend a re-test?

Once a candidate receives a final score of "Provisional Status" at a course:

- There is no waiting period
- Eligible candidates can attend any re-test location
- Only 1 re-test attempt is allowed
- There is a maximum of 12 months from the assessment date of the original course to attend a performance center
- After failing a re-test, or if the 12-month period expires, the candidate must retake the entire course.
- Re-test centers will be advertised through the Digital Coaching Center in the original course info
- Re-tests will not be conducted in conjunction with regular courses

Cost: \$50 Performance Center.

The fee covers the development feedback from a licensed U.S. Soccer instructor and an In-Person assessment or re-test.

### Types of Assessment

- At a Cal South hosted Performance Center
- A candidate can offer to host an in-person | small group assessment (Approved U.S. Soccer instructor would visit the hosting coach in his/her own environment (to be given a fee waiver the host coach would allow 2-3 more provisional coaches the be assessed at that site



## U.S Soccer National “D” License updates to page

### How will I be assessed for my U.S Soccer National “D” License?

The role of the instructor is to lead the process of developing and guiding candidates to their full potential at a certain moment in their development by facilitating, inspiring, challenging, mentoring and directing (if necessary) in a way that each of the candidates understands his/her own learning needs and takes ownership of their development process (refer to the Profile of the GR Instructor).

The assessment of this process is both formative and summative.

The purpose of the assessment process is to evaluate a candidate’s competencies, based on the Profile of the D License Coach, and inspire the candidate to work towards their potential based on personal reflection and instructor led feedback.

The instructor will provide timely and relevant feedback on the training session plan via the DCC (on the assigned game model, i.e. 7v7 or 11v11). When possible, discuss the session with the candidate prior to the session.

The assessment and mentoring process should enhance candidate development by:

- impacting candidates to reach full potential
- empowering candidates to take responsibility and be accountable for their own development
- inspiring candidates to pursue future education courses

In order to achieve these goals, the candidate should be involved in the process of creating meaningful feedback. The process for feedback should be as follows:

1. Candidate self-reflects on their performance (Achieve goals? What went well? What could be improved?)
2. Instructor guides candidate’s feedback to help identify learning needs.
3. Candidate should leave with action steps for self-development.

The instructor will use the **5 Elements Assessment Form** to help develop the guiding questions and assist the candidate in formulating two to three learning needs and action steps. The feedback should be immediate after the session and should last between 5 minutes and 10 minutes (based on the allotted time). The final assessment should be completed within two weeks of the completion of the course.

- In order to **PASS** this course, the candidate must:  
Complete all assignments, participate in the course, and attend all course sessions. *All assignments are due within two weeks completion of the course*
- Demonstrate an open-minded attitude toward learning (intrinsic motivation, growth mindset, positive habits) If the candidate does not meet the above criteria, the result of the assignment is **FAIL**.

In order to **PASS** this assignment, the candidate: must receive no red lights on the 5 Elements Assessment form

- There is no minimum/maximum for **green** or **yellow** lights. **Yellow** lights will be used to highlight areas for improvement and meaningful feedback should be provided on the action steps that could be taken for improvement.
- Should only receive a **red light** in the relevant category of the 5 Elements Assessment form if the coach's behavior demonstrates that it endangers the welfare of the players relative to their age-appropriate, developmental needs (to belong, to learn, to develop and to have fun) as well as fails to embrace the spirit of the Play-Practice-Play methodology.

If the candidate has scored a **green light** on all other assignments, but on the final training session, scores a **red light** (see above), then the candidate will be given **Provisional Status**.